



INTRODUCING THE HOOPS 101 ACADEMY

A special program for serious-minded basketball players looking to improve their skills in an organized, competitive and learning-rich environment. Open to 4th-12th grade boys and girls.

ACADEMY FEATURES:

- Shooting
- 1-on-1 Tactics
- Offensive Footwork
- Finishing
- Ballhandling
- Attacking Pressure
- Defensive Tactics
- Speed-Agility-Quickness
- Sport-specific movement
- Post Play
- 6:1 Camper to Coach ratio
- Only first 72 campers to enroll allowed to ensure quality instruction
- Age-based grouping
- Advanced curriculum for more advanced players
- 2-hour sessions, once a week
- High-level training



\$160 EARLY
 \$185 after early deadline
 Check www.hoops101camp.com
 for early bird deadlines



The Hoops 101 Academy AT DRIPPING SPRINGS YMCA

6 Weeks • Sunday Afternoons • March 28- May 16

JUNIOR DRIBBLERS (4TH-7TH GRADE)--2-4 PM

HOOPS ELITE (8TH-12TH GRADE) 4-6 PM

(512) 784-3399 for more info

Email: help@hoops101camp.com

FUTURE ACADEMY OFFERINGS

Hoops 101 Fall Academy – Sept- Oct. after Labor Day until right before the start of the season

Hoops 101 Spring Academy – After Spring Break - Mid-May

Hoops 101 Select Competition Teams –Spring and Summer. Check website for more info.

REGISTER ONLINE TO SAVE A SPOT!
www.hoops101camp.com

Every Athlete Receives

- Hoops 101 Academy T-shirt
- Self-evaluation checklist
- Drills for Skills
- Individual workouts for both guards and posts
- Advanced curriculum tailored for each skill level
- Small camper to coach ratio for optimal instruction
- Conceptual teaching designed to improve technique